

NATIONAL INSTITUTE OF AYURVEDA

**An Autonomous Institute under
The Ministry of AYUSH, Govt. of India**

Academic Brochure

KSHARA SUTRA CERTIFICATE COURSE

NATIONAL INSTITUTE OF AYURVEDA

The National Institute of Ayurveda was established on 7-2-1976 by the Government of India as an apex Institute of Ayurveda in the country to develop high standard of teaching, training and research in all aspects of Ayurvedic System of Medicine with a scientific approach. The Institute is engaged in Teaching, Clinical and Research at Under-Graduate, Post-Graduate and Ph.D. level and is affiliated to Rajasthan Ayurveda University, Jodhpur. Admission to Under-Graduate, Post-Graduate and Ph.D. level is made on the basis of entrance Examination. NIA Hospital is a NABH accredited hospital.

The Institute imparts UG, PG and Ph.D. Education and also Diploma Course in Ayurveda Nursing and Pharmacy and Certificate courses of different durations. The UG Course of Ayurvedacharya (BAMS) is of 5½ Year duration divided into 3 Professional Courses of 1½ Years each i.e. 4½ Years of the Main Course and 1 Year Internship. The PG Course of MD/MS(Ay.) is available in 14 Specialties, viz. Agad Tantra, Dravya Guna, Kayachikitsa, Kaumar Bhritya, Maulik Siddhanta, Panchkarma, Prasuti Tantra & Stri Roga, Roga & Vikrit Vigyan, Rasa Shastra, Sharir Rachana, Sharir Kriya, Shalya Tantra, Shalakyia Tantra and Swastha Vritta. The Institute has a 354 Bedded Hospital with OPD and a Primary Emergency Care Unit. There is specialized Kshara Sutra setup with large number of daily patients for a number of Kshara Sutra procedures. Minor & Major Operation Theatre and Parasurgical Unit available within the department of Shalya Tantra, a Centre of Excellence for Eye Diseases, Specialty Clinics for Diabetes, Allergy, Geriatric, Dietary, Child Mental Health etc. are also available in the Hospital for specialized consultation, treatment etc.

Kshara Sutra Certificate Course for Ayurvedic doctors

Ayurvedic medicine has its own importance for the treatment of various medical and surgical diseases irrespective of tremendous development of modern medicine. There are number of

diseases where modern surgery is unable to offer satisfactory treatment and recurrence of these diseases is common even after repeated surgeries.

Kshara Sutra therapy is a minimal invasive Ayurvedic Parasurgical procedure and time-tested Ayurvedic technique in the management of Anorectal disorders. It is a safe, sure and cost effective method of treatment for fistula-in-ano, haemorrhoids and other sinus diseases.

A 45 days Kshara Sutra Certificate Course is being offered by NIA in the Department of Shalya Tantra. This course is for Ayurvedic graduates, Practitioners, Medical Officers, Ayurvedic College teachers, Researchers.

Aims and Objectives of the Course- To provide applied knowledge of Kshara Karma, Kshara Sutra and their application in the management of anorectal disorders especially in the treatment of fistula in ano, haemorrhoids and other sinus diseases.

Type of the course – 45 days Certificate course will be a contact learning programme with strict periodical assessment and Hands on training will be given to the participants.

Outcome of the Course - The candidate gets to learn from the most experienced and best faculty along with the good infrastructure. Every candidate undergoing the course will be confident and perform the Kshara Sutra therapy.

ADMISSION IN KSHARA SUTRA CERTIFICATE COURSE

Eligibility for Admission- BAMS from a recognized University.

Duration: 45 Days

Selection Procedure: On the basis of availability of seats and first come first serve.

Medium of Instruction: English and Hindi

Seats: 10 participants per batch

Certificate: 3 assessments will be done after every 15 days. Certificate will be provided to the trainees after completion of the course.

General rules and regulation: Will be followed as per NIA guidelines.

Dress: White Apron or Uniform as instructed.

Boarding and Lodging: Participants will arrange by their own.

Timing: Class timing during working hours

Practicals: OPD & IPD Postings: 9:00AM to 2:00 PM

Theory: 3:00 PM to 4:00 PM

COURSE CURRICULUM

S.NO.	TOPIC	HOURS
1	Surgery in Ayurveda	01
2	Applied Anatomy of rectum, anal canal and perineum	02
3	Applied Physiology of rectum and anal canal	02
4	Diagnosis of Anorectal disorders	02
5	Preparation of Kshara Sutra	02
6	Preparation of Pratisaraneeya Teekshna Kshara	02
7	Diagnostic modalities in Anorectal diseases	02
8	Anaesthesia in Anorectal disorders	02
9	Nadivrana – Sinus/Pilonidal Sinus	01
10	Bhagandara Pidaka	01
11	Bhagandara	02
12	Fistula-in-ano	02
13	Indications and Contraindications of Kshara Sutra	01
14	Complicated fistulae and their management	02
15	Problems and Complications of Kshara Sutra therapy	01
16	Wound management during Kshara Sutra therapy	01
17	Adjuvant measures during Kshara Sutra therapy	01
18	Arshas	03
19	Haemorrhoids	02
20	Kshara Karma in Anorectal disorders	02
21	Parikartika/Fissure-in-ano	02
22	Gudabhramsa/Rectal prolapse	02
23	Use and abuse of laxative, analgesics and antibiotics	02
24	Research works done on Kshara Sutra	02
25	Research works done on Kshara Karma	02
26	Assignment	01
	Total	45 hrs.

Application Fee (by Bank Demand Draft (DD) only)

All interested applicant has to attach a Demand Draft for an amount of Rs. 500 along with application form.

Application fee: Bank Demand Draft (DD) in favor of “**Director, National Institute of Ayurveda**” payable at **Jaipur**. On backside of DD, candidate must mention- Candidate name and course applied for. Application Fee once paid will not be refunded under any circumstances.

How to apply

Candidates are required to apply in the prescribed format downloaded from website or neatly typed on A4 size paper on one side as per the format available on the website <http://nia.nic.in> as per the prescribed proforma of Applications form. Institute will not consider any another format or application proforma. Application completed in all respects enclosing self-attested copies of all certificates, mark sheets, educational qualifications should be sent in an envelope

Superscripted “Application For Kshara Sutra Certificate Course” by registered/Speed-Post on or before the last date -05.03.2018 to:

The Director,

National Institute Of Ayurveda,

Madhav Vilas Palace, Jorawar Singh Gate, Amer Road

Jaipur - 302002 (Rajasthan) India

Candidate must sign in the application form.

Invalid Applications: Candidates are advised to read all instructions carefully before sending their applications otherwise their applications are likely to be rejected on one or more of the following reasons in terms of the notifications.

- Applications received after the closing date.
- Applications not in prescribed format.
- Candidates not having the required qualification.
- Applications without latest photo not being pasted in the provided space.
- Application without signature.
- Applications, which are incomplete/illegible in any manner.
- Applications without the prescribed Application Fee (as applicable).
- Application on another format not prescribed by National Institute Of Ayurveda.

Last Date of receiving application:

In case the last date and receipt of application is declared holiday the date of receipt of the application will be considered as next working day.

FEE STRUCTURE FOR THE COURSE

Course fee – Indian Nationals (In Indian Rupees)

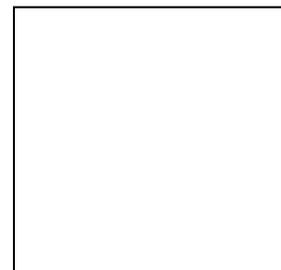
Total fee: 15000.00

SAARC AND BIMESTAC COUNTRIES: Fee structure same as Indian National total amount to be deposited at the time of admission.

Foreign Nationals (In US dollars): 300 US dollars

National Institute Of Ayurveda

APPLICATION FORM KSHARA SUTRA CERTIFICATE COURSE



Application Fee: _____ DD No . _____ Dated: _____

1. Name in full (CAPITAL letters): _____

2. Father's /Husband's Name: _____

3. Address For Communication With Pin Code. _____

Email Id: _____ Telephone No- _____ Mobile : _____

4. Category (Foreign National/General/SC/ST/OBC/Phy. Handicapped/ _____)

5. Educational Qualification:

6. Date of birth: dd ____ mm ____ yyyy _____ (10th class or Matriculation certificate to be attached)

Age (as on closing date of application according to Matriculation Certificate) _____

7. Nationality (Enclose Gov ID): _____ 6. Sex: Male/ Female

8. BAMS Examinations Passed (Please enclose attested copy of each certificate & mark-sheet):

University	Percentage	Year of Passing	Marks/ Percentage

9. List of Enclosures with the Application – Date of Birth Proof, Residence Proof, NOC /Recommendation from the Department/Institution.

DECLARATION

I hereby declare that the information mentioned in this Application is correct and true to the best of my knowledge and belief and I understand that furnishing false/improper information will lead to rejection and cancellation of my candidature and also that I am liable for legal and/or disciplinary action as may be initiated by the National Institute of Ayurveda.

Date:

Signature of the Candidate