

NATIONAL INSTITUTE OF AYURVEDA, JAIPUR



PG Department of Dravya Guna

Programme Name: DAN & P

Course Name: Dravya Guna Course Code: 3 (Theory) <u>COURSE OUTCOMES</u>

At the end of this program student will achieve:

- 1. Concept of health, its determinants and relation to successful living.
- 2. Knowledge of primary health care and its elements and principles.
- 3. Basic knowledge of epidemiology, measure of prevention.
- Knowledge of nutrition and its relationship with health and able to assess the level of nutrition and calculate requirement of nutrition for individuals.
- 5. Knowledge of various addictive substance, their effect on health and methods of de-addiction.
- 6. Knowledge of diet used in hospitals.
- Knowledge of various Yoga and Nisargopachar procedures used for prevention and control of diseases.