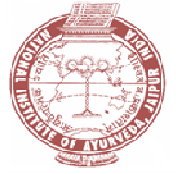


# Academic Brochure on Certificate Course in Striroga Sthanika Chikitsa



2019



**P.G. Department of Prasutitantra and Striroga  
NATIONAL INSTITUTE OF AYURVEDA  
(Ministry of AYUSH, Govt. of India)  
Jorawar Singh Gate, Amer Road, Jaipur, Rajasthan  
India – 302002.  
[www.nia.nic.in](http://www.nia.nic.in)**

## **NATIONAL INSTITUTE OF AYURVEDA**

The National Institute of Ayurveda was established on 07-02-1976 by the Government of India as an apex Institute of Ayurveda in the country to develop high standard of teaching, training and research in all aspects of Ayurvedic System of Medicine with a scientific approach. The Institute is engaged in Teaching, Health care services and Research at Under-Graduate, Post-Graduate and Ph.D. level and is affiliated to Dr. Sarvepalli Radhakrishnan Rajasthan Ayurveda University, Jodhpur.

The Institute imparts UG, PG and Ph.D. Education and also Diploma Course in Ayurveda Nursing and Pharmacy and Certificate courses of different durations. The UG Course of Ayurvedacharya (BAMS) is of 5½ year duration divided into three professional courses of 1½ years each i.e. 4½ years of the main course and 1 year Internship. The PG Course of MD/MS(Ay.) is available in 14 Specialties, viz. Agadatantra, Dravyaguna, Kayachikitsa, Kaumarbhritya, Maulika Siddhanta, Panchakarma, Prasutitantra & Striroga, Roga and Vikriti Vigyan, Rasa Shastra, Sharira Rachana, Sharira Kriya, Shalyatantra, Shalakyatantra and Swasthavritta.

The Institute has a 354 Bedded NABH accredited Hospital providing OPD, IPD and Primary Emergency Care Unit services. Post Graduate Department of Prasutitantra and Striroga is having 49 bedded Inpatient ward, a well equipped labour room, a minor procedures room, Operation Theater (Sharing with Department of Shalyatantra) and equipped with necessary infrastructure and instruments to provide various local therapies (sthanika chikitsa) for the management of various Gynecological and Obstetrical diseases. Large number of patients is getting benefited at OPD and IPD levels for a range of gynecological diseases like Vandhyatva (Female Infertility), Yonibhramsha (genital prolapse), Svetapradara (Leucorrhoea including chronic, resistant cases), Yonivyapad (genital tract disorders like Genital prolapsed, Cervical erosion, Vulvo-vaginitis, Cystocele etc.), Artavavyapad (Menstrual disorders), Artavadushti (PCOD), Jirna shronishoola (Chronic Pelvic Pain), Stanagranthi/arbuda (benign conditions of breast) and so on. Department is also proving full length Antenatal, Intranatal and Post-natal care, contraceptive facilities in the Obstetric front. An exclusive Garbhasanskara clinic and Garbhadana sanskara clinic is also running to provide a comprehensive Ayurvedic pre-conceptional and Prenatal care.

Department is having specialized equipment like Colposcope, CTG machine, Hystero-salpingo graphy instruments to diagnose various gynecological, Obstetric disorders. Prasutitantra and Striroga wing is fully equipped with all necessary instruments and machinery to provide different in-situ treatments like Uttaravasti, Yoniprakshalana, Ksharakarma, Agnikarma, Yonidhupana, Stanalepana, Yonisankochana treatments.

### **Certificate course in Striroga Sthanika Chikitsa (In-situ procedures) for Ayurvedic doctors**

The Ayurvedic system of medicine is serving the humanity since times immemorial and female health care is not exception to that. Majority of the gynecological disorders are local in nature and needs to be treated at local level i.e. in the vaginal canal, cervix, uterus etc. Treatment provided by the existing modern system of medicine is failed to produce complete cure in cases of simple vaginitis, leucorrhoea, cervical erosion, fallopian tubal block, bacterial vaginosis, bartholin abscess, genital prolapse etc.; majority of the times, leaving unattended, these simple problems lead to chronic diseases, recurrence, finally sometimes end with malignant changes. In contrast, Ayurveda has lot to offer for the complete cure of said conditions through its various local/in-situ therapies. Sthanika chikitsa or in-situ treatments are purificatory cum minimal invasive procedures. These are found safe, efficacious and economically sound methods for gynecological diseases like Yonivyapad (Diseases of external and internal genitalia), Artavavyapad (Menstrual disorders), Vandhyatwa (Infertility) etc.

Keeping the necessity in view a 45 days Striroga Sthanika chikitsa Certificate Course is being offered by P.G. Department of Prasutitantra and Striroga, National Institute of Ayurveda. This course is specially designed for Ayurvedic graduates, Practitioners, Medical Officers, Ayurvedic teachers, Researchers.

**Aims and Objectives of the Course:** To provide applied knowledge of local procedures like Yoniprakshalan, Yonipichu, Ksharakarma, Agnikarma, Yonipottali (Yoni kalkadharana), Sthanika Snehana and Swedana, Yonivarti, Yonipralepa, Yonidhupan, Matrabasti, Madhutailika basti, Niruha basti and Uttarabasti in the management of gynecological diseases.

**Type of the course:** 45 days Certificate course is a learning programme with hands on training followed by periodical assessment.

**Outcome of the Course:** The candidate will learn from the most experienced and best faculty along with exposure to instruments and procedures. Every candidate undergoing the course will be confident and perform the Striroga Sthanika chikitsa (Local therapies) after the completion of course.

**Admission in Striroga Sthanika Chikitsa Certificate Course:**

**Eligibility for admission:** Completion of BAMS from any recognized University.

**Duration of course:** 45 Days

**Selection Procedure:** On first come first serve basis of the eligible candidates.

**Medium of Instruction:** English and Hindi

**Seats:** 15 participants per batch

**Timing:** Class timing during working hours

**Practical:** OPD & IPD Postings: 9:00AM to 2:00 PM

**Theory:** 3:00 PM to 4:00 PM

**Certificate:** 3 assessments will be done after every 15 days. Certificate will be provided to the trainees after completion of the course.

Theory and Practical Examinations will be conducted after completion of the course. Minimum Passing Marks in Theory as well in Practical will be 50%. Certificates will be awarded to the qualified students by the Institute.

**General Rules and Regulations:** As per the rules and regulations of NIA.

**Hostel facility:** No hostel facility shall be provided by NIA for the students enrolling for this certificate course.

**Course Scope**

This Course will help one to learn, get practically trained in treatment of gynecological disorders like Vandhyatva (Female Infertility), Yonibhramsha (genital prolapsed), Svetapradara (Leucorrhoea), Cervical erosion, Artavavyapad (Menstrual disorders), Artava dushti (PCODs), Jirna shronishoola (Chronic Pelvic Pain), Stanagranthi/arbuda (benign conditions of breast) etc. The candidate will become confident in sthanika chikitsa (Local Gynecological Procedure). After completing the course, following Scope for the technical assistants/Experts:

1. They can have better opportunities of clinical practice in private and government sector both.
2. They can perform the procedure described in classics with standard protocols.
3. They can employ the available modern amenities/equipments for Ayurvedic procedures.
4. They can have sound knowledge in diagnosis and therapy of gynecological disorders.

## COURSE CURRICULUM

S.No.	TOPIC	HOURS
1	Basic Concepts of Gynecology In Ayurveda	01
2	Applied Anatomy of Reproductive Organs	03
3	Applied Physiology of Reproductive Organs	03
4	Diagnosis of Gynecological Diseases	03
5	Pharmacological Aspects of Drugs Used In Striroga	03
6	Pharmaceutical Aspects of Drugs Used In Striroga	03
Assignment-I		
7	Basic Concepts of Sthanika Chikitsa	02
8	Applied Aspects of Sthanika Chikitsa	03
9	Yoni Prakshalan	01
10	Yonipichu	01
11	Ksharakarma	02
12	Agnikarma	02
Assignment-II		
13	Yoni Pottali (Yoni Kalkadharana)	01
14	Sthanika Snehana and Swedana	01
15	Yonivarti	01
16	Yonipralepa	01
17	Yonidhupana	01
18	Matra Basti	01
19	Madhutailik Basti	02
20	Niruha Basti	01
21	Uttarabasti	03
22	Research Works Done on Kshara Karma, Agnikarma Uttaravasti, Yoniprakshalana etc. with special reference to Gynecology,	03
Assignment-III		
	Total	45 hrs.

### How to apply

Candidates are required to apply in the prescribed format downloaded from website or neatly typed on A4 size paper on one side as per the format available on the website <http://nia.nic.in> as per the prescribed proforma of Applications form. Institute will not consider any another format or application proforma. Application completed in all respects enclosing self-attested copies of all certificates, mark sheets, educational qualifications should be sent in an envelope Superscripted “CERTIFICATE COURSE IN STRIROGA STHANIKA CHIKITSA” by registered/Speed-Post on or before the last date, to:

**The Director,  
National Institute of Ayurveda,  
Madhav Vilas Palace, Jorawar Singh Gate, Amer Road  
Jaipur - 302002 (Rajasthan) India**

Candidate must sign in the application form.

**Invalid Applications:** Candidates are advised to read all instructions carefully before sending their applications otherwise their applications are likely to be rejected on one or more of the following reasons in terms of the notifications.

- Applications received after the closing date.
- Applications not in prescribed format.
- Candidates not having the required qualification.
- Applications without latest photo not being pasted in the provided space.
- Application without signature.
- Applications, which are incomplete/illegible in any manner.
- Applications without the prescribed Application Fee (as applicable).
- Application on another format not prescribed by National Institute of Ayurveda.

**Last Date of receiving application:**

In case the last date and receipt of application is declared holiday the date of receipt of the application will be considered as next working day.

**FEE STRUCTURE FOR THE COURSE**

**Course fee – Indian Nationals (In Indian Rupees)**

**Total fee:** 15000.00

**SAARC AND BIMESTAC COUNTRIES:** Fee structure same as Indian National total amount to be deposited at the time of admission.

**Foreign Nationals (In US dollars): \$300 (US)**

Application Fee (by Bank Demand Draft (DD)/NEFT): Applicants have to pay application fee Rs.500 (General & OBC) and Rs. 250 (SC & ST Candidates) in form of DD in favor of “Director, National Institute of Ayurveda” payable at Jaipur / NEFT as per account detail given below. The DD or NEFT receipt should be enclosed along with the duly filled Application Form. Application Fee once paid will not be refunded under any circumstances. On backside of DD, candidate must mention ‘Candidate name and course applied for’.

**Course Fees:** Selected candidates have to deposit Course fee of Rs. 15000.00 (Fifteen thousand only) by Demand Draft in favor of “Director, National Institute of Ayurveda” payable at Jaipur / NEFT as per account detail given below before the stipulated date. Course Fee once paid will not be refunded under any circumstances.

**Account Detail:**

Name of Account: Director, National Institute of Ayurveda, Jaipur

Account no: 3124200215

Name of Bank and Branch: Central bank of India, NIA, Jaipur

IFSC Code: CBIN0283634

**Admission Procedure:** Selection of the candidates will be done as per First come first serve basis. The submitted application forms will be scrutinized/screened and the selected candidates will be intimated by phone/email. The candidate has to deposit the Course fee within 3 days of this intimation or till last date of deposit of fees, whichever is earlier to confirm his / her admission. If the course fee is not deposited by the stipulated time, then the right to admission will be forfeited without any further notice. The Director, NIA reserves all right to reject any application form without assigning any reasons.

<b>Contact:</b> Website: <a href="http://www.nia.nic.in">www.nia.nic.in</a> E-mail – <a href="mailto:prasutistrinia@gmail.com">prasutistrinia@gmail.com</a> Dr. Sonu : +91-7597056107 Dr. Poonam : +91-8383809688	<b>Address for Communication:</b> Certificate Course in Striroga Sthanika Chikitsa C/o The Director, National Institute of Ayurveda, Jorawar Singh Gate, Amer Road, Jaipur - 302002 (Rajasthan) India
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IMPORTANT DATES & INFORMATION	
Date of Advertisement in News Paper & on Institute website	26.09.2019
Commencement of Sale of Application Forms	26.09.2019, 10:00 AM
Last date of Sale of Application Forms	28.10.2019, 4:00 PM
Commencement of Deposit of Filled in Application Forms,	26.09.2019, 10:00 AM
Last date of Submission of Application Form	30.10.2019, 4:00 PM
Admission and Deposit of Course Fees	31.10.2019
Last Date of Deposit of Course Fees	10.11.2019, 4:00 PM
Commencement of Class	15.11.2019, 10:00 AM



# NATIONAL INSTITUTE OF AYURVEDA, JAIPUR

## APPLICATION FORM

### Certificate Course in Striroga Sthanika Chikitsa (45 Days)

Paste a Recent  
Passport size  
Colour  
Photograph

Application Fee: \_\_\_\_\_ DD No. \_\_\_\_\_ Bank \_\_\_\_\_ Dated: \_\_\_\_/\_\_\_\_/20\_\_\_\_

1. Name (CAPITAL letters): \_\_\_\_\_

2. Father's/Husband's Name: \_\_\_\_\_

3. Address For Communication With Pin Code. \_\_\_\_\_

4. Registration No. \_\_\_\_\_ State Board of Registration: \_\_\_\_\_

5. E-mail: \_\_\_\_\_ @ \_\_\_\_\_ Telephone No- \_\_\_\_\_ Mobile: \_\_\_\_\_

6. Category (Foreign National/General/SC/ST/OBC/Phy. Handicapped/ \_\_\_\_\_

7. Educational Qualification: \_\_\_\_\_

8. Date of birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age (as on closing of application) \_\_\_\_\_

9. Nationality (Enclose Govt. ID): \_\_\_\_\_

10. Sex: Male/ Female/ Others

11. Details of Employer (If Working): \_\_\_\_\_

12. BAMS Examinations Passed (Please enclose attested copy of each certificate & mark- sheet):

College/Institute & University	Year of Passing	Obt. Marks/Full Marks	Percentage

13. List of Enclosures with the Application- (Please enclose Date of Birth proof, Residence proof, BAMS Mark sheet, Certificate & Registration Certificate, NOC/ Recommendation from the department/Institute)

#### 14. DECLARATION:

I hereby declare that the information mentioned in this Application is correct and true to the best of my knowledge and belief and I understand that furnishing false/improper information will lead to rejection and cancellation of my candidature and also that I am liable for legal and/or disciplinary action as may be initiated by the National Institute of Ayurveda.

Date:

Signature of the Candidate