

P.G. Department of Agad tantra

De-addiction Unit

The Drug Dependence Treatment Unit, P.G. Department of Agad tantra, National institute of Ayurveda was established in the 16 dec.2016 as the centre for treatment of drugs and substance abuse disorders and was functional from the premises of National institute of Ayurveda Jaipur Rajasthan. This unit has full range of specialists & treatment facilities including O.P.D and I.P.D facilities with expansion plan for the future.

The unit has well qualified multi-disciplinary faculties, medical staff, and P.G. and PhD research scholars, nursing staff, laboratory personnel and administrative staff to render various modalities of care. Clinical care is provided through outpatient, inpatient settings. It deals with the treatment of disorders related to use of all illicit substances i.e. Alcohol, Opioids, Cannabis, Tobacco etc., internet gaming disorders along with and behavioral psychological disorders.

Treatment modalities includes *Shodhan*(Purification methods), *Shaman* (pharmacological i.e. with medications) and non-pharmacological (i.e. psychological / social, Cognitive behavioral therapies) treatments.

The unit carries out the relevant hematological, biochemical laboratory tests to monitor health damage along with different assessment scales of drug dependence.

The unit has been involved in:

1. Providing clinical care to patients – outpatient, inpatient and community based -through daily OPD, specialty clinics.
2. Health education& prevention of addictive disorders through camps.
3. Documentation, publication of resource material and creation of database
4. Establishment and development of laboratory services to detect drugs of abuse in body fluids and health damage.
5. Providing cognitive behavioral therapies such as counseling(individual, group counseling), music therapy etc.
6. Research

The unit provides clinical care to about 200 new patients and about 300 old patients every year.

Other significant achievements of the unit are:

1. Case reports, and articles on drug dependence treatment through Ayurveda have been published every year in various national and international journals.
2. Thesis and research work on various types of addictions and its management through Ayurveda is carried out every year.